



Welcome to BirminghamBMXclub.com



# Members Guide

[birminghambmxclub@gmail.com](mailto:birminghambmxclub@gmail.com)

## Welcome New Member

Here is some information that you will find useful:

## Training Sessions

- You must be a BBMXC member to attend training sessions; therefore you must also name BBMXC as your club in races.
- The fee for membership is £15 for 12 months. £20 if aged 17 or over. Trial sessions are available if required.
- Payment is on arrival via cash or card.
- You will be added to the BBMXC Whatsapp group (for beginners or groups 1-5) and BBMXC Sale and Wanted (unless you opt out)
- Riders are grouped by skills level from Beginners to Elite and your coach will determine when your child is ready to move up.
- **Beginners** Saturday morning at 10am with club coach, £7 per session. Helmet and bike hire available £3 (first 5 free).
- **Group 1** – Saturday morning at 11.30am with club coach £7 per session. Helmet and bike hire available £3 (first 5 free).
- **Group 2** – Thursday evening at 6pm, coached by club coach (£10) and guest coach, Mark Seaman (£15). Coaches alternate weeks. Monthly loyalty £45.

- **Group 3** – Friday evening at 5.30pm, coached by club coach (£10) and guest coach, Dylan Clayton (£15). Coaches alternate weeks. Monthly loyalty £45.
- **Group 4** – Tuesday evenings at 5.30pm coached by guest coach Dylan Clayton (£15). Monthly loyalty £50.
- **Group 5** – Alternate Thursday and Friday evenings at 7.30pm with guest coaches Dylan Clayton and Mark Seaman (£15). Monthly loyalty £50.
- **Elite Training and group 5 girls** – For those riders who are able to race on the pro section of the track. Tuesday evenings at 7.30pm with guest coach Dylan Clayton (£15). Monthly loyalty £50

### Open Sessions

- Track is open for riding but no coaching is planned.
- First aiders are on site.
- Generally occurring on a Wednesday evening - £3 per session for members, £5 non-members
- **No helmet/bike hire available**
- Please look on BBMXC Facebook page for opening time details each week as opening depends on volunteer availability.

### Kit

- In order to ride on the track riders are expected to wear full face helmets, long sleeved tops, trousers, gloves, elbow and knee pads. If wearing shorts, integrated knee and shin pads are required.
- Beginners group and group 1 are able to hire bikes and helmets at no cost for the first 5 times and then an additional £3 thereafter. They must have their own to be able to move up to group 2
- Unfortunately we cannot loan gloves or pads.

### Booking onto Sessions

1. Download the **Stack Team app**
2. Once you have registered, one of the committee members will authorise you.
3. Please register in **your child's name** rather than your own but you will need to put your own date of birth.
4. Once authorised, click on **Find your Team/Club** and type in **Birmingham BMX Club**
5. Once the page comes up with a picture of the track, click the **cog** in the top right hand corner.
6. Click on **Access Groups** and then select the group that your child is in.
7. Click on **Race Calendar** on the main page and select your coaching session or open session.
8. Click on **YES or NO** to reply. This helps coaches to manage sessions and plan sessions. Only put +1 if you have more than 1 rider.

### Club Welfare

Is something worrying you? Do you need someone to talk to? **Speak to your Club Welfare Officers.** Your club welfare officers are there to listen if you need someone to talk to or are concerned about somebody's safety.

**Names:** Michelle Shore, Cara Pratt and Kelly Mason

**Email:** [michelleshore82@hotmail.co.uk](mailto:michelleshore82@hotmail.co.uk)

Club Chairman – Leighton Rennison

Club Secretary – Michelle Shore – [birminghambmclub@gmail.com](mailto:birminghambmclub@gmail.com)